Age-Appropriate Transition Assessments

What are examples of age-appropriate transition assessments?

Age-appropriate transition assessments may be formal and/or informal and provide relevant information to address key areas of transition planning based on the student's strengths, needs, and preferences. Assessments should also provide information on current levels of functional performance and help indicated accommodations to support student success. Assessments are used as basis for writing the student's measurable postsecondary goals. Assessments are required in the areas of Training, Education, Employment assessments, and Independent Living Skills if appropriate.

Examples:
Educational: Classroom Based Assessments, grades with observational reports by teachers, statewide and district wide assessments, psychological assessments, achievement tests, intelligence assessments, behavior assessments, and academic assessments.

Employment: vocational interest, functional skills, work setting assessments, interest inventories, occupational assessments, personality or preference assessments, job performance evaluations, behavior assessments, assistive technology assessments, social/emotional assessments, and employability assessments.

Training: self-determination scales, aptitude assessments, vocational assessments, interest inventories, occupational therapy assessments, physical assessment, intelligence assessments, behavior assessments, functional skills, and social-emotional assessments.

Independent Living Skills: (if appropriate) daily living assessments, independent living assessments, assistive technology assessments, occupational therapy and physical therapy assessments, medical assessments, and employability assessments.

There are no set assessments suggested by the Office of Public Instruction. Districts are free to choose which assessments they want to give students, and the following are only shared as a convenient source of information. Linked sites are not under the control of the OPI.

Online Transition Assessments--FREE

Personality/Related Careers	
16 PERSONALITIES	The Myers-Briggs Personality Type Indicator is a self-report inventory designed to identify a person's personality type, strengths, and preferences. Students can view the detailed results to learn more about predicted workplace habits and possible career paths for their personality type. *Online assessment. Personality type indicator is free; additional assessments available for a fee.
JUNG TYPOLOGY TEST	Personality test like Meyers-Briggs. 64 questions; requires higher level vocabulary. Results include personality description, learning style, communication style, and related careers. *Online assessment

THE TYPEFINDER FOR CAREER PLANNING	This career personality test uses the Myers-Briggs theory of 16 personality types, combined with the Holland Code system of career typing, to accurately measure the personality traits and interests that point to a student's ideal career path. The test consists of 110 questions, plus a few additional clarifying questions if necessary to be sure of results. It takes about 15 minutes to complete. Results match a student's personality, strengths, and aptitude with careers to explore. *Online assessment; basic report is free.
HOLLAND CODE CAREER TEST	This career quiz uses the Holland Code model to show students which jobs will suit their interests, talents, and aptitude. Students will get scores for 6 major job areas to guide career planning. Results include related jobs and career fields, suggested college majors or areas of study, and a list of top career matches that best match the resulting interest profile. *Online assessment; students can print results
HOLLAND CODE ASSESSMENT	Students check the box of each statement that describes themselves and total the number of items checked for each category of the Holland Code system. Statements are short and concise and may be deemed appropriate for students with below grade level reading skills. *Must print assessment; use results to match careers
THE RIASEC TEST: WHICH CAREER PATHWAY IS RIGHT FOR YOU?	Students mark short and concise statements that describe themselves and then total the number of items checked for each category of the Holland Code system. Results include suggested college majors and related career pathways. *Must print assessment
PHOTO CAREER QUIZ	This super-quick quiz doesn't require any reading to complete the assessment. Students choose the images that appeal most to them and discover how their choices can point to an ideal career. Based on the Holland Code system, this quiz provides a brief yet complete assessment of career interest areas. *Available online; students can print results
CAREER INTEREST INVENTORY: PICTORAL VERSION	This paper quiz doesn't require reading—students mark the pictures that describe themselves and total the number of items checked for each category of the Holland Code system. *Must print assessment; use results to match careers
CAREER INTEREST	
MONTANA CAREER INFORMATION SYSTEM (MCIS)	Access multiple career interest, learning styles, and employability assessments with related curriculum. Assist students to research occupations and develop a portfolio including resume, career information, goals, and a combined report of assessment results. Assessment and resources provided are extensive and some students may need staff support to complete tasks. *Students must log in
CAREER ONE STOP	Students can take a short, 30 question career interest assessment, access the Occupational Profiler to learn more about related careers, and discover opportunities for education and employment. Easy

	reading level with visual supports for answers.
	*Available online; link to assessment only
CAREER CLUSTERS STUDENT INTEREST SURVEY	The Student Interest Survey for Career Clusters® is a career guidance tool that allows students to respond to questions and identify the top three Career Clusters of interest based on their responses. This pencil/paper survey takes about fifteen minutes to complete. Results coincide with the 16 Career Clusters. Survey consists of four pages and multiple questions.
	*Must print assessment; use results to match careers
	Available in English and Spanish
CAREER INTEREST SURVEY	Simple survey requires students to make choices between two work related activities. Results include career interest areas and corresponding occupations.
	*Must print assessment
CAREER VALUES ASSESSMENT	Instead of questions, the Career Values Test uses "cards" with statements about different aspects of work. Students read and sort the cards into groups based on how important the statement on each card is to their ideal job.
	*Available online; students must create free account to see results
O*NET INTEREST PROFILER	Students respond to statements each describing a work activity and to measure six types of occupational interests: Realistic, Investigative, Artistic, Social, Enterprising, and Conventional. Results match student's interests to "Job Zones," or groups of careers based on required levels of experience, education, and training. Easy reading level with visual supports for answers.
	*Online assessment. Ability to print results.
O*NET WORK IMPORTANCE LOCATOR	This self-assessment career exploration tool allows students to identify occupations that they may find satisfying based on the similarity between their work values (such as achievement, independence, and conditions of work) and the characteristics of the occupations.
	*Must print pdf materials (work value cards, scoring sheet, etc.) to administer this assessment.
ASVAB CAREER EXPLORATION PROGRAM	Students can use their ASVAB scores to search the OCCU-Find catalogs to find information about 1000s of careers. Assessments results coincide with 16 Career Clusters. Students with an ASVAB Summary Report can use the access code found on their summary.
	*Ability to print results.
SELF-DETERMINATION	
SELF-DETERMINATION INVENTORY	The Self-Determination Inventory: Student Report (SDI:SR) asks students questions about how they feel about their ability to be self-determined; that is to make choices, set and go after goals, and make decisions. Designed for young people ages 13-22 with and without disabilities. Includes student and parent/teacher versions.
	*Online assessment offers integrated audio that reads the questions aloud and in-text definitions of words.

CHOICEMAKER SELF-DETERMINATION ASSESSMENT	The ChoiceMaker Self-Determination Assessment is designed to be used with middle to high school students with emotional or behavior disabilities and mild to moderate learning problems and may be adapted for use with students with severe learning problems. This assessment requires educators to complete a 5-point Likert scale response for each of the 62 items across the student skills and opportunities at school sections. *Must print assessment
AIR SELF-DETERMINATION ASSESSMENTS	The AIR Self-Determination scale produces a profile of the student's level of self-determination, identifies areas of strength and areas needing improvement, and identifies specific educational goals that can be incorporated into the student's IEP. AIR includes student, parent, and educator versions. *Must print assessment. Available in English, French, and Spanish.
ARC SELF-DETERMINATION SCALE	This assessment is a student self-report measure of self-determination designed for use by students with disabilities. This checklist style assessment includes some life skills questions. Includes instructions for scoring and interpreting results. *Must print assessment.
SELF-DETERMINATION CHECKLIST: STUDENT SELF-ASSESSMENT	This assessment asks students to rate statements using a 1-2-3 scale regarding how they feel about their ability to set and reach goals. *Must print assessment
INDEPENDENT LIVING	
CASEY LIFE SKILLS	Casey Life Skills (CLS) is a set of free tools that assess the independent skills youth need to achieve their long-term goals. Some of the functional areas that CLS assesses include: daily living and self-care activities, maintaining healthy relationships, work and study habits, using community resources, money management, and computer literacy and online safety. Youth typically require 30-40 minutes to complete the CLS standard assessment, or 5-10 minutes to complete the CLSA short assessment. The assessment can be administered all at once or divided into the nine subsections. Tool kit includes a guide of resources to use with assessments results. *Must download and print assessments.
PERSONAL PREFERENCE INDICATORS	The Personal Preference Indicators is a guide to learning about (and with) a person with disabilities. The guide serves as a conversation starter and assessment tool to think about the needs and preferences of a person to best support them in multiple settings. *Must print assessment. Available in English and Spanish.
ADOLESCENT AUTONOMY CHECKLIST	This 105-item checklist rates the student's ability to complete independent living skills and identifies areas in need of additional instruction and supports for transition into adulthood. Assessment can be completed by student, staff, or parent/caregiver. *Must print assessment
PLANNING FOR COMMUNITY LIVING WORKSHEET	Use this worksheet to help students determine the levels of supports they will need for different aspects of life skills and community living. *Must print assessment

ASSISTIVE TECHNOLOGY PROTOCOL FOR TRANSITION PLANNING	Use the checklist to review the student's assistive technology needs when transition planning. Results can provide insight regarding a young adult's independent living skills. Assessment can be completed by student, staff, or parent/caregiver. *Must print assessment
LIFE SKILLS INVENTORY AND INDEPENDENT LIVING SKILLS ASSESSMENT TOOL	A tool from the Division of Children and Family Services, this assessment can be used to rate a student's skill level in categories including money management, personal appearance and hygiene, housekeeping, transportation, educational planning, job maintenance skills, emergency and safety skills, pregnancy prevention, and if applicable, parenting and childcare. *Must print assessment
EMPLOYMENT SUPPORT INDICATORS	The Employment Support Indicators is a guide to assist in planning with and for people with intellectual and developmental disabilities to gain information about an individual's preferences and employment support needs, including social supports, workplace supports, learning supports, and technology tools and supports. *Must print assessment. Available in English and Spanish.
EMPLOYABILITY/LIFE SKILLS ASSESSMENT (ELSA) FOR FAMILIES AND TRANSITION TEAM PROFESSIONALS	Employability Life skills are personal-social behaviors, self-determination skills and daily living habits identified by employers as expected and essential for obtaining competitive integrated employment. This evaluation is two parts to reflect two distinct perspectives: that of a family member and that of transition team professionals. *Option to print assessment or complete online fillable form
HOW DO I ADVOCATE FOR MYSELF?	This informal assessment is used to assist students with significant disabilities indicate their preferences for decision making, signing their name, and interacting with people. *Online fillable form with a drop-down menu
PERC SELF-ADVOCACY CHECKLIST	The Postsecondary Education Research Center (PERC) has developed a checklist for self-advocates to use in working on their skills in different situations. This tool provides a means for students to monitor their progress towards achieving their goals by creating familiarity in three settings: the classroom, in their place of employment, and in a social or community setting. Students are asked to practice various self-advocacy skills (Introduce Self, Describe Strengths, Describe Disability, Describe Support needs, Present Documentation) in each of these settings and document mastery in each environment. *Must print assessment
JOB TIPS: SOCIAL SKILLS ASSESSMENT	This social skills assessment is comprised of two parts: one for the student and one for trusted adult. According to instructions, it takes 20 minutes to complete. The self-assessment can also be administered as a student interview. *Must print assessment
SOCIAL AND VOCATIONAL ABILITIES LISTING	This checklist is used to assist students with significant disabilities indicate skills in areas of mobility, communication, finances, and vocational abilities.

	*Must print assessment
ASSESSMENT OF FINANCIAL SKILLS AND ABILITIES	Informal checklist identifies a student's current knowledge and areas needing instruction regarding finances and money management. *Must print assessment
COLLEGE/POSTSECONDARY READINESS	
A GUIDE TO ASSESSING COLLEGE READINESS	This 25-item rating scale measures a student's readiness for postsecondary education. Developed to help assist students with learning disabilities or ADHD identify areas where additional support or development may be needed. *Must print assessment
THE SECONDARY SCHOOL SUCCESS CHECKLIST (SSSC)	This evaluation of student skills can be completed by staff, families, and students. Results can be used to identify priority goals related to independence and behavior, transition, social competence, and academic skills. Developed for students with ASD, but useful for all students with disabilities. *Option to print assessment or complete online fillable form
COLLEGE PREPARATION CHECKLISTS	Access grade specific student and parent checklists that help the student focus on succeeding academically and learning about financial aid and provide the parent with tips for supporting the student and participating in the financial aid application process. Developed by Federal Student Aid, an office of the US Department of Education. *Available online
APPLY MONTANA: EXPLORE CAREER INTERESTS	This tool can assist students to learn more about careers and postsecondary education and work-based learning opportunities in Montana. Students can input career preferences (location and industry) to discover occupations, years of study, and average salary in Montana. Results can include courses recommended to take in high school and postsecondary programs to consider. Industries are based on the National Career Clusters Framework, so it's helpful for students to complete the Career Clusters Interest Survey, first. *Available online, see also CAREER CLUSTERS INTEREST SURVEY
THIS IS WHAT I KNOW: CAREER IN THE MILITARY	This informal assessment identifies what a student knows and the steps they have taken to gain entrance to the military. *Must print assessment
FREE ACT TEST PREP	Students can take the ACT official practice test and access resources to improve their skills based on what they missed. *Available online; students must create a free MyACT account.
FREE ACT TEST PREP (SUBSECTIONS)	Students can take practice tests for each subsection of the ACT: math, reading, English, and science. *Online assessment with automatic scoring and answers explained.
FREE SAT TEST PREP	Full-length SAT practice tests. Practice tests are also available for assistive technology designed to be accessible to individuals who use screen readers, text readers, or other assistive technology. *Must download and print assessment
ACCUPLACER	Use ACCUPLACER to help determine whether a student is ready to take a college-level class in reading, writing, or math, or if they need

	additional support before enrolling in credit-bearing courses. Practice tests can be taken in each subject on a computer, smartphone, or tablet. Students receive immediate feedback with answer explanations for both correct and incorrect answers. *Available online; students must create a free account
FREE ASVAB PRACTICE TEST	Use this aptitude test to assess students' strengths. Results are used to predict success in a variety of careers, not only military occupations. Students can use their Career Exploration Scores to investigate occupations that rely on those skills in the OCCU-Find. *Available online, see also ASVAB CAREER EXPLORATION PROGRAM
OTHER	
COMPREHENSIVE HIGH SCHOOL TRANSITION SURVEY	This informal survey assesses a high school student's interests, preferences, strengths, and needs. *Must print assessment
LEARNING STYLE SURVEY	The Learning Style Survey is designed to assess a student's general approach to learning. Results detail how each preference offers significant strengths in learning and working, including, how one might use their physical senses, engage in learning situations, handle possibilities and deadlines, and receive and process new information. *Must print assessment
PARENT/GUARDIAN	
PARENT TRANSITION SURVEY	The Parent Transition Survey identifies parent and family preferences and thoughts for their son/daughter for life after high school. *Must print assessment
SIX CORE ELEMENTS OF HEALTH CARE TRANSITION: SURVEY FOR PARENT/CAREGIVER	This parent/guardian form shows what their child knows or needs to learn about their own healthcare to identify areas of needed skill development. *Must print assessment
PARENT QUESTIONNAIRE FOR TRANSITION PLANNING	Use this form as a guide to create your own questionnaire to get parent input prior to a student's IEP meeting. Form also provides a sample cover letter you could send to explain why they are receiving this form. *Example only, you must create your own
RELATED RESOURCES	
AGE APPROPRIATE TRANSTION ASSESSMENTS TOOLKIT	This book provides information on age appropriate transition assessments and planning. Developed by the National Technical Assistance Center on Transition with a grant from the US Department of Education, Special Education Programs.
I'M DETERMINED	The I'm Determined project, a state-directed project funded by the Virginia Department of Education, focuses on providing direct instruction, models, and opportunities to practice skills associated with self-determined behavior. This site provides transition guides and resources to assist with postsecondary education and training, self-determination, employment, and independent living in accordance with a student's age group.
IS COLLEGE RIGHT FOR YOU?	The book provides specific information to assist students with disabilities in planning for and making decisions about going to college.

	Developed by The Center on Community Living and Careers (CCLC) at the Indiana Institute on Disability and Community.
IT'S MY CHOICE	This workbook guides person-centered planning and includes checklists and activities to support freedom of choice for people with developmental disabilities, such as, looking at individual needs, planning for services, evaluating services, making things more understandable, and supporting self-advocacy. Developed by the Minnesota Governor's Council on Developmental Disabilities.
PLANNING FOR YOUR TRANSITION FROM HIGH SCHOOL TO ADULT LIFE	The purpose of this workbook is to help youth to take the lead in planning for their adult lives. The workbook shares important information, encourages youth to begin thinking about life after high school, and offers ideas they can use to plan routes to reach their goals. This is not a workbook parents, educators or others should hand to young adults and ask them to complete on their own. Rather, it should be used as a guide for conversations, either one-to-one or in groups, between adults and between young people. This publication was produced by the Transition Projects at The Rural Institute: Partnerships for Transition, which is funded under a contract with the Montana Council on Developmental Disabilities.
READY TOOL: READINESS EVAULATION OF TRANSTION TO ADULTHOOD FOR DEAF-BLIND YOUTH	The READY Tool helps a transition team, comprised of an individual who is deaf-blind, parents, and professionals, determine essential activities that must be carried out during the transition process. The completed tool should be used to generate a plan of action and develop goals and objectives for the IEP and transition plans. Contains checklists and links age-appropriate assessments. Published by the National Center of Deaf-Blindness.
STUDENTS WITH DISABILITIES PREPARING FOR POSTSECONDARY EDUCATION	Information regarding a student's rights and responsibilities prepared by the U.S. Department of Education and Office for Civil Rights.
TRANSITION TO HIGHER EDUCATION	A planning map for college for students with disabilities by Disability Support Services of Montana State University-Billings